

## How Am I Doing on Chapter 2? Keep Re-Evaluating Yourself



Continually rate yourself for each of these vowels. As you improve, narrow your practice time for them. Focus on your personal vocabulary and the high frequency words for each vowel.

Vowel List	Top Priority	Needs a Little More	Think I've Got It!	Notes
<b>Front Vowels</b>				
i	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ɪ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
e	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ɛ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
æ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Central Vowels</b>				
ɑ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ʌ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
o	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Back Vowels</b>				
ɔ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
o	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ʊ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
u	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>/r/-Colored Vowels</b>				
ɪr	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
or	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
er	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ɜ̄	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ɑɪr	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ə̄	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<b>Diphthongs</b>				
ɑɪ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ɑʊ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
ɔɪ	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

## How Am I Doing on Chapter 3? Keep Re-Evaluating Yourself



Continually rate yourself for each of these vowels. As you improve, narrow your practice time for them. Focus on your personal vocabulary and the high frequency words for each vowel.



Critical Listening	Top Priority	Needs a Little More	Think I've Got It!	Notes
/ɔɪ, o/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɑʊ, o/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɑ, o/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɑʊ, aɪ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɔɪ, aɪ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/aɪ, e/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/aɪ, ɪ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ʊ, u/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɑ, ʊ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ʌ, ɑ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/æ, ɑ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɛ, ʌ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/æ, ʌ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/e, ɛ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɛ, æ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/i, ɛ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɪ, ɛ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/ɪ, e/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/i, e/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/i, ɪ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

## How Am I Doing on Chapter 4? Keep Re-Evaluating Yourself



Continually rate yourself for each of these vowels. As you improve, narrow your practice time for them. Focus on your personal vocabulary and the high frequency words for each vowel.



Critical Listening	Top Priority	Needs a Little More	Think I've Got It!	Notes
/v/ and /f/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/z/ and /s/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/d/ and /t/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/dʒ/ and /tʃ/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/b/ and /p/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/g/ and /k/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

## How Am I Doing on Chapter 5? Keep Re-Evaluating Yourself



Continually rate yourself for each of these vowels. As you improve, narrow your practice time for them. Focus on your personal vocabulary and the high frequency words for each vowel.



Critical Listening	Top Priority	Needs a Little More	Think I've Got It!	Notes
First Syllable Prefixes in Words	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Adding syllables to Base Word and Confidently Knowing What Syllable to Stress	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Deleting Syllables in Common North American English Words	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

## How Am I Doing on Chapter 6? Keep Re-Evaluating Yourself



Continually rate yourself for each of these vowels. As you improve, narrow your practice time for them. Focus on your personal vocabulary and the high frequency words for each vowel.

Critical Listening	Top Priority	Needs a Little More	Think I've Got It!	Notes
/jʊ/ + "l"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
/wʊ/ + "l"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Knowing when <b>Not</b> to Add Vowels before "l"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Spelling Foolers: /j/ before "u" or "ew" Spellings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Spelling Foolers: Simple /u/	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Spelling Foolers: Weak Syllable Reductions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	